



Pre-School's Home task 15-9-23

Yes! I can do these challenges! Return by Friday 29th September 23

EYFS Objectives

Completing this activity with your child helps them reach these age related expectations:

Personal, Social and Emotional Development

Be increasingly independent in meeting their own care needs, eg brushing their teeth, using the toilet, washing and drying their hands thoroughly.



This home task is all about developing your child's self-help skills. It is important that your child learns to do as much as possible for themselves as this will help them in Pre-School.

Your child needs to learn to:

- Take off their coat and hang it up on their peg.
- Put on their coat and zip it up by themselves.
- Put on and take off their pre-school jumper or cardigan.
- Put on, take off and fasten up their shoes independently.
- Go to the toilet pull their pants down and then up and wash their hands.

Remember to pick times to practise when you are not in a rush so you and your child can enjoy learning their new skill. Lots of praise, encouragement and patience is key when trying to complete a challenge.

Don't forget - keep on trying and don't give up!

If they can already do some of these tasks then well done. Just practise the ones that they are finding tricky.

Name:

Come on let's get independent!

Which skills was your child already confident in?

Which skills did you practise at home?

Has your child learnt a new skill?