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|  | **Autumn** | **Spring** | **Summer** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Reception** | Movement skills | Movement skills | Movement skills | Movement skills | Movement skills | Movement skills |
| **Year 1** | **Invasion game** Dodgeball | **Invasion game**Tag rugby | **Invasion game**Football | **Dance**(Topic based) | **Invasion game**Benchball | **S/F game**Kick rounders |
|  | **Dance**(Topic based) | **Gym**Body awareness, jumping, travelling | **N/W game**Tennis | **OAA**Teambuilding/Teamwork | **Athletics**(Track) | **Athletics**(Field) |
| **Year 2** | **Invasion game**Benchball | **Indoor Athletics**Running, jumping and throwing | **Invasion game**Football | **Dance**(Topic based) | **Invasion game**Tag rugby | **S/F game**Rounders |
|  | **Dance**(Topic based) | **Gym**Body awareness, jumping, travelling | **N/W game**Tennis | **OAA**Teambuilding/Teamwork | **Athletics**(Track) | **Athletics**(Field) |
| **Year 3** | **Invasion game**Basketball | **Indoor Athletics**Running, jumping and throwing | **Invasion game**Hockey | **Dance**(Topic based) | **Invasion game**Tag rugby | **S/F game**Cricket |
|  | **Dance**(Topic based) | **Gym**Body awareness, jumping, travelling, bridges | **N/W game**Volleyball | **OAA**Problem solving/Orienteering | **Athletics**(Field) | **Athletics**(Track) |
| **Year 4** | **Invasion games**Netball | **S/F game**Cricket | **Invasion game**Tag rugby | **Dance**(Topic based) | **S/F game**Rounders | **Invasion games**Handball |
|  | **Dance**(Topic Based) | **Gym**Body awareness, jumping, travelling, bridges | **N/W game**Volleyball | **OAA**Problem solving/Orienteering | **Athletics**(Field) | **Athletics**(Track) |
| **Year 5** | **Invasion game**Netball | **Indoor Athletics**Running, jumping and throwing | **Invasion game**Handball | **OAA**Problem solving/Orienteering | **Swimming** | **Invasion game**Tag rugby |
|  | **Dance**(Topic based) | **Gym**Sequencing | **N/W game**Badminton | **Fitness**Circuit training | **Athletics**(Field) | **Athletics**(Track) |
| **Year 6** | **Invasion game**Tag rugby | **Indoor Athletics**Running, jumping and throwing | **Invasion game**Handball | **Fitness** | **Invasion game**Rounders | **Swimming** |
|  | **Dance**Cheerleading | **Gym**Sequencing, synchronisation and canon | **N/W game**Badminton | **OAA**Leadership/Orienteering | **Athletics**(Field) | **Athletics**(Track) |